

# Energisers – wake up to water



**BE A WATER  
HERO**

Use these to energise a class while thinking about water

## Watery catch

- Throw a bean bag around the class.
- When pupils catch the bean bag they must say a word linked to water.
- See if children can remember the order the bean bag was thrown in and throw it round the class in the same order.
- Challenge them now to reverse the order.

## Vote with your feet

- Draw a continuum on the board ranging from 'Strongly agree' to 'Strongly disagree', or nominate sides of the classroom.
- Ask children to listen to the following statements and move to show their opinion:
  - I think water is a precious resource
  - I think about how much water I use
  - I prefer to drink tap water than bottled water
  - I like to have a deep bath
  - My shower normally lasts less than four minutes
  - I always turn the tap off when I brush my teeth
- Select children to explain their opinion and debate contrasting opinions.

## Line up

- Children get in an ordered line (from highest to lowest) by following your called out 'rule' for the line up, eg:
  - The number of people who live in your home
  - The number of taps in your home (remember to include bathrooms, kitchen and outside)
  - The number of showers they have each week
- Try again, but tell children that no talking is allowed; they must use gestures and eye contact to communicate and work together to make the line.

## Making shapes

- Children walk around the room until you give a command.
- Tell them a water-related shape to make, and the number of other children to form it with.
- Eg. Stop and make a tap with two other people.
- Stop and make a waterfall with three others.
- Stop and make a raindrop with one other.
- Children work together to form the water-related shapes.
- You could appoint a Water Hero to 'judge' each round of shapes and decide a winning team.

## Watery chaos

- Children sit in a circle.
- Start by miming an action using water, eg. brushing teeth, but at the same time describe a different action, eg. 'I am watering the garden.'
- Next pupil in the circle must mime the action that you have described (ie. watering the garden), but they say that they are doing another water-using activity, eg. 'I am washing a car.'
- The next child mimes washing a car, and says that they are doing another action using water.
- Continue until all the class have had a go.

## Are you a Water Hero?

- This quiz on page 37 can be run as a fast-paced interactive team quiz game.
- Divide the children into teams of two or three.
- Team members take turns to come up to the teacher to collect a copy of the first question and three possible answers.
- They return to their team and work together to record their answer.
- Award points as per the answer grid. Discuss the water usage of different answers.
- **Challenge:** Teams also have to draw an image as they make decisions to illustrate all their chosen actions. Award five bonus points to the team with the best final illustration.