



Flush it or bin it?

Do you know what you should flush down the toilet?

The drains in your home and sewers are only designed to take away the **three Ps** – **pee, poo** and **paper**. People often block these pipes by flushing the wrong things down the toilet, or pouring **FOG** (that's **fats, oils** and **grease** used for cooking) down the sink.

FOG builds up on the walls of sewers and can block the flow of wastewater from our homes. This can then cause floods in homes and streets. To prevent this, leave cooking FOG to cool before collecting it in a suitable pot or container, such as a Fat Trap, and throw this away in your waste bin.



A sewer pipe blocked with FOG

1. Watch our Keep It Clear video at www.southernwater.co.uk/impact-of-fat-oil-grease

2. What are the three Ps?

P **P** **P**

These are the only three things that you should flush down the toilet.

3. Decide where you should dispose of the following items.

Items		Where to dispose of the items			
		Waste Bin	Toilet	Recycling	Compost
Cotton wool					
Plasters					
Nappies					
Poo					
Toilet Paper					
Wet wipes					
Vegetable peelings					
Cooking oil and fat					
Paper and cardboard					

Some of the stranger items that have been accidentally flushed and found in the sewers include toys, false teeth, mobile phones and even cuddly toys

